Redbourn is a small English village set between the towns of Harpenden, St. Albans and Hemel Hempstead and close to Luton/Luton Airport. The village has local shops, a few restaurants and several pubs that serve good food. It is just off the M1 at Junction 9. The Aubrey Park Hotel is a 10 minute walk from us.

HARPENDEN  www.harpenden.gov.uk
Harpenden is a small town with lots of amenities and good transport links. Hotels are a 2-3 minute walk to the centre of town with numerous good restaurants, pubs and take-aways. There is a local sports centre and the rail line is on the Thameslink line connecting it to Luton and Gatwick Airports as well as regular and fast trains to central London and St Pancras/Eurostar train stations.

Hemel Hempstead
Hemel Hempstead is a modern town with a full range of high street stores, restaurants and local amenities including sports centre, cinema, ski slope, climbing wall etc.. The rail line is on the Midlands line connecting it to London Euston and Birmingham train stations.

St Albans
St Albans is a Victorian City with a busy high street and numerous bars and restaurants. It is also on the Thameslink line connecting it to Luton and Gatwick Airports as well as regular and fast trains to central London and St Pancras/Eurostar train stations. Traffic can be heavy during peak times.
This list is provided purely to assist our Customers as personal needs vary. Prices quoted are for guide purposes only, include VAT and are subject to availability & individual requirements at the time of booking. All accommodation bookings should be made directly with the Hotel as Dark Matter Composites does not endorse or have any responsibility for hotels on this list.

**HOTELS / BED & BREAKFAST ACCOMODATION**

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Address</th>
<th>Rooms</th>
<th>Price</th>
<th>Contact</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Aubrey Park Hotel, Hemel</td>
<td>Hemel Hempstead Road, Redbourn, Hertfordshire, AL3 7AF</td>
<td>137 rooms</td>
<td>Corporate rate</td>
<td>01582 792105</td>
<td><a href="http://www.aubreypark.co.uk">www.aubreypark.co.uk</a></td>
</tr>
<tr>
<td>2. Clarion Collection Hotel</td>
<td>Ryder House, 27 Hollywell Hill St. Albans, AL1 1HQ</td>
<td>60 rooms</td>
<td></td>
<td>01727 848849</td>
<td><a href="http://www.stalbanshotel.co.uk">www.stalbanshotel.co.uk</a></td>
</tr>
<tr>
<td>3. Holiday Inn, Luton South</td>
<td>London Road, Markyate Hertfordshire, AL3 8HH</td>
<td>140 rooms</td>
<td>Corporate rate</td>
<td>0871 942 9281</td>
<td><a href="http://www.holidayinn.com">www.holidayinn.com</a></td>
</tr>
<tr>
<td>4. Premier Inn Luton South</td>
<td>London Road, Flamstead, Hertfordshire, AL3 8HT</td>
<td>76 rooms</td>
<td>Discounted</td>
<td>0871 527 8334</td>
<td><a href="http://www.premierinn.com">www.premierinn.com</a></td>
</tr>
<tr>
<td>5. Premier Inn St Albans</td>
<td>1 Adelaide Street, St Albans, Hertfordshire AL3 5BH</td>
<td>123 rooms</td>
<td>Discounted</td>
<td>0871 527 9464</td>
<td><a href="http://www.premierinn.com">www.premierinn.com</a></td>
</tr>
<tr>
<td>6. Silver Cup Public House</td>
<td>St Albans Road, Harpenden Hertfordshire, AL5 2JF</td>
<td>6 rooms</td>
<td>£75.00 per night</td>
<td>01582 713095</td>
<td><a href="http://www.silvercupinharpenden.co.uk">www.silvercupinharpenden.co.uk</a></td>
</tr>
<tr>
<td>7. St Michael’s Manor</td>
<td>Fishpool Street, St Albans, Hertfordshire, AL3 4RY</td>
<td>4 Star, 30 rooms</td>
<td>£120.00 per night</td>
<td>01727 864444</td>
<td><a href="http://www.stmichaelsmanor.com">www.stmichaelsmanor.com</a></td>
</tr>
</tbody>
</table>

**SERVICED APARTMENTS**

Town centre serviced apartments available for short or long term let in Harpenden, Hemel Hempstead and St Albans

<table>
<thead>
<tr>
<th>Apartment Name</th>
<th>Address</th>
<th>Rooms</th>
<th>Rent</th>
<th>Contact</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>8. Abode Bed &amp; Continental</td>
<td>Apartments in Hemel Hempstead town centre</td>
<td></td>
<td>Rent by day, week or month. From £90.00 per night</td>
<td>0845 055 9631</td>
<td><a href="http://www.abodebed.com">www.abodebed.com</a></td>
</tr>
<tr>
<td>9. Harpenden House</td>
<td>65 High Street, Harpenden, Herts AL5 2SL</td>
<td>2 bedroom</td>
<td>£138.00 per night, minimum 7 nights stay</td>
<td>01582 761642</td>
<td><a href="http://www.harpendenhouse.com">www.harpendenhouse.com</a></td>
</tr>
</tbody>
</table>
Travel Information

Delegate Expenses
- All travel, accommodation and general expenses are excluded from our course fees.
- We cannot provide costs or estimates for personal expenses, as each person’s needs are very different.

Location & Travel
- We are located outside of London, approximately 25 miles north of central London.
- Although Redbourn is in a village location, it is local to the main towns of Harpenden, St Albans, Hemel Hempstead and Luton, all of which are linked via road and are served by taxis, bus and rail networks.
- All these towns are within a few miles of each other and also have train links to central London as well as rail/bus links to London airports.

Rail Links
- Harpenden, St Albans and Luton are connected to central London and Gatwick Airport via the ‘Thameslink’ rail service.
- The ‘Eurostar’ train service terminates at Kings Cross / St Pancreas train station which is also on the ‘Thameslink’ line.
- Hemel Hempstead is connected to central London’s Euston station, a short distance from Kings Cross / St Pancreas.
- Harpenden train station is the closest and fast trains operate into central London regularly and take 20-25 minutes.
- There is a taxi rank at each of the local train stations.

London Airports
- London Luton is the nearest Airport and a taxi to Redbourn/Harpden and is between £18-£25, depending on the time of day.
- London Gatwick and Harpenden are directly connected by the ‘Thameslink’ train line and the journey time is about 80-90 minutes.
- London Heathrow is connected to London Luton via a coach service, alternatively the London Underground can be taken into central London connecting with the ‘Thameslink’ train line.
- London Stansted is connected to London Luton via a coach service, alternatively, overground trains can be taken into central London and then back out to Harpenden.

Road Links
- We are located just off the main M1 motorway, between junctions 8 & 9
- The M25 motorway at junction 21 connects to the M1 at junction 6
Accommodation
- A local accommodation list is available on our website or upon request.
- Although Luton is further to travel for the courses, it is a university town and has cheaper lodgings and local services aimed at students, as well as some lodgings which have cooking facilities, the following web address will provide links to various facilities:
  http://www.luton.gov.uk/internet/leisure_and_culture/tourism_and_travel/tourist%20information%20centres

Food
Most pubs and restaurants serve vegetarian and fish dishes. There are halal stores in Hemel Hempstead and Luton. Luton also has a large Asian/Muslim community and numerous restaurants also serve vegetarian and halal dishes.

The following web address provides useful information for the towns identified above:
http://www.touruk.co.uk/hertfordshire/index.htm